

## Session 3: H - Heart

Another way to think about your heart is to think about what you're passionate about. God has shaped your heart and given you these passions for his good purposes! Take a moment to reflect on these questions personally and/or in your group discussion time.

### What drives you?

- What would you do for God if you knew you couldn't fail?
- What pushes you to action?
- What moves you so deeply that it keeps you awake at night?

### What are the needs you feel most drawn to?

- What are the top two needs you love to meet for people?
- Why do you love meeting those needs?

### Who are the people you most want to help?

- Who do you feel you can influence the most?
- Is there an age range you feel most drawn to?
- Is there a group of people you have special concern for?

### What causes are you most passionate about?

- What cause/issue makes your heart race?
- Where could you make your greatest impact for God and his Kingdom?

Psalm 37:4 says, "Take delight in the LORD - and he will give you the desires of your heart." Oftentimes people can mis-apply this verse, using it as a basis for seeking worldly pleasures. Instead, we must take delight in the LORD, first and foremost! As we do this, God transforms our lives and re-shapes our hearts - causing the desires of our hearts to be more aligned with the desires of his heart. God takes pleasure in giving us the desires of our transformed, re-shaped hearts!

With this in mind: What desires has God placed on your heart for his good purposes? Reflect on these things - and then step out in faith and obedience!

**PASSIONS - PEOPLE** What are the people groups you have a special concern for?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Children      | <input type="checkbox"/> Infants           | <input type="checkbox"/> Unemployed    |
| <input type="checkbox"/> College-age   | <input type="checkbox"/> Parents           | <input type="checkbox"/> Widowed       |
| <input type="checkbox"/> Disabled      | <input type="checkbox"/> Poor              | <input type="checkbox"/> Young married |
| <input type="checkbox"/> Divorced      | <input type="checkbox"/> Prisoners         | <input type="checkbox"/> Youth         |
| <input type="checkbox"/> Elderly       | <input type="checkbox"/> Single parents    | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Empty nesters | <input type="checkbox"/> Singles           | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Homeless      | <input type="checkbox"/> Spiritual seekers | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Hospitalized  | <input type="checkbox"/> Teen moms         | <input type="checkbox"/> Other: _____  |

**PASSIONS - ISSUES AND CAUSES** Which issues do you feel most strongly about?

What causes most motivate you to get into action?

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Abuse/violence      | <input type="checkbox"/> Environment        | <input type="checkbox"/> Politics                  |
| <input type="checkbox"/> Apologetics         | <input type="checkbox"/> Ethics             | <input type="checkbox"/> Poverty                   |
| <input type="checkbox"/> Addictions          | <input type="checkbox"/> Family             | <input type="checkbox"/> Racism                    |
| <input type="checkbox"/> At-risk children    | <input type="checkbox"/> Health/fitness     | <input type="checkbox"/> Sanctity of life/abortion |
| <input type="checkbox"/> Blind/deaf          | <input type="checkbox"/> HIV/AIDS           | <input type="checkbox"/> Violence                  |
| <input type="checkbox"/> Child care          | <input type="checkbox"/> Human trafficking  | <input type="checkbox"/> Other: _____              |
| <input type="checkbox"/> Compulsive behavior | <input type="checkbox"/> Law/justice system | <input type="checkbox"/> Other: _____              |
| <input type="checkbox"/> Discipleship        | <input type="checkbox"/> Literacy           | <input type="checkbox"/> Other: _____              |
| <input type="checkbox"/> Economics           | <input type="checkbox"/> Marriage           | <input type="checkbox"/> Other: _____              |
| <input type="checkbox"/> Education           | <input type="checkbox"/> Persecuted church  |  |

**S.H.A.P.E. Profile Report**

Now identify what you believe are the top 3-6 people groups for which you have the greatest passion AND the top 3-6 issues/ causes for which you have the greatest passion. Please write these down on your personal S.H.A.P.E. profile report, which is found on pages 24-25 of this booklet.